# Instructions for Use

Step 1: Draw Blood

Perform a venipuncture blood draw using standard protocol. The tube provided contains an additive to help preserve the sample.



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#### Step 2: Mix Solution

When blood draw is complete, mix thoroughly by inversion 10 times.



### Step 3: Ensure Sample Viability

After collection, transport and store tubes at temperatures between 6° C and 37° C. **DO NOT FREEZE**. Ship immediately or no later than 1 day after sample collection. Not following these guidelines may result in the need for sample recollection and a delay in issuing the test result.



#### Step 4: Complete the Test Request Form

Complete and sign the **Test Request Form** included with your kit. Be sure to include all information including the kit barcode and your email address to receive the results report.

Missing or illegible information will delay your results.

Do not write on tube. The tube's barcode is all that is needed to identify the tested party.

### Step 5: Pack and Ship

Place the collection tube into the kit's small resealable plastic bag and seal. Securely nestle bag with sample into the protective foam provided and place bag and foam in kit box. Scan or photograph the completed Test Request Form and email is to us, before sending the samples back to us.

We will arrange for Federal Express to collect the package and ship it directly to the laboratory if you paid for this service otherwise if you are shipping the samples using your own courier, please make sure to declare the goods as follows: "Commercial - 'Exempt Human Specimen' under IATA 3.6.2.2.3.6 Tissue Fluid, non infectious, for testing purpose only". Value to declare is \$1.

Please contact us by email to confirm where to ship the samples if you haven't a prepaid envelope inside the kit.